

GANPAT UNIVERSITY									
FACULTY OF ENGINEERING & TECHNOLOGY									
Programme	Bachelor of Technology				Branch/Spec.	All			
Semester	I				Version	1.0.0.0			
Effective from Academic Year	2026-27				Effective from the batch admitted in	July 2026			
Course Code	2HSM1103				Course Name	Universal Human Values (Discovering Yourself through Bhagavad Gita)			
Course Category	Humanities and Social Sciences including Management Courses (HSM)								
Teaching Scheme					Examination scheme (Marks)				
(Per week)	Lecture (DT)		Practical (Lab.)		Total		CE	SEE	Total
	L	TU	P						
Credit	2	0	0	0	2	Theory	50	50	100
Hours	2	0	0	0	2	Practical	0	0	0
Pre-requisites:									
Not Applicable									
Course Outcomes									
COs	Description								
CO1	To facilitate the development of a holistic perspective which forms the basis of universal human values and movement towards value-based living in a natural way.								
CO2	Creating a class of people of high character through spirituality and of high competence through self-excellence skills.								
CO3	Highlight the advantages of understanding a life in terms of ethical human conduct leading to a mutually fulfilling human behaviour.								
CO4	Creating a class of people who respect, trust and love each other, living as vehicles of wisdom.								
Theory Syllabus									
Unit	Content								Hours
1	UNIT 1: Foundations of Universal Human Values Universal Human Values and purpose of education as per NEP 2020, leading to global citizenship and Vasudhaiva Kutumbakam. Understanding the human condition marked by aspiration for happiness, inner conflict, moral dilemmas, and confusion in life situations. Self-Body understanding and clarity of purpose through Science of Self-Realisation (SSR) using self-exploration. Bhagavad Gita (BG) as a universal philosophy and as the essence of Bharatiya Knowledge Systems (BKS), addressing human dilemma, right inquiry, choice, etiquettes and responsibility with reference to BG Chapters 1–3. Journey of Self-Discovery through Discovering the Game of Life. Value focus (Ultimate Holistic / Theocentric Values): करुणा (Compassion), शान्ति (Peacefulness), मृदुता (Gentleness), मितभोजनम् (Moderation), समता (Equality). UHV expression: Trust, Respect. SSR stage: श्रद्धा (Trustful inquiry)., Practice / Assignment chapters: Respect for all Religions, Etiquettes of Speech & Nonviolence – Basic, Cleanliness, Our Blissful Identity, Positive Thinking and Self Control								05
2	UNIT 2: Intelligent Understanding and Disciplined Living Understanding intelligence, duty, and right action for harmony in individual and professional life, Discipline, ethical conduct, and conscious decision-making through self-exploration. Universal Human Values in action through disciplined living, and regulation of habits. Developing harmony within the individual by aligning thoughts, behaviour, and actions. emphasis on self-regulation, balanced effort, and conscious living Bhagavad Gita Chapters 4–6. Journey of Self-Discovery through Discovering the Ultimate Genius and Discovering the Manual of Life.								05

	Value focus (Ultimate Holistic / Theocentric Values):सत्य (Truthfulness), संयम (Self-control), शौचम् (Cleanliness), क्षमा (Forgiveness), अहिंसा (Non-violence).UHV expression: Care, Responsibility.SSR stage: साधु-संग (Guided alignment) Practice / Assignment chapters: Divine Knowledge, Overcoming Bad Habits, Art of Concentration.	
3	UNIT 3: Values of Lasting Solutions Universal Human Values applied to understanding life situations and identifying lasting solutions at the individual and social levels. Clarity about the root causes of problems such as dissatisfaction, fear, conflict, and stress, and the role of values in resolving them sustainably. Emphasis on inner stability, right priorities, and value-based decision-making in changing circumstances, with reference to Bhagavad Gita Chapters 7–9. Journey of Self-Discovery through Discovering the Lasting Solutions. Value focus (Ultimate Holistic / Theocentric Values): धैर्य (Perseverance), वैराग्यम् (Detachment), समत्वम् (Equanimity), कृतज्ञता (Gratitude), उत्तरदायित्वम् (Responsibility) , UHV expression: Justice, Mutual Fulfilment., SSR stage: भजन-क्रिया (Active practice) , Practice / Application Themes: Yoga for Modern Age, Goal of Life, Devotion: Satisfaction of the Heart.	05
4	UNIT 4: Inner Fulfilment and Harmony through Universal Human Values Universal Human Values as the basis for inner fulfilment and emotional stability. Understanding sources of joy beyond material achievement and external validation. Cultivating harmony of thought, feeling, and action through reflection, gratitude, and higher awareness, leading to inner peace and balanced relationships, with reference to Bhagavad Gita Chapters 10–12. Journey of Self-Discovery through Discovering the Joy of Sublime Bliss through Sound. Value focus (Ultimate Holistic / Theocentric Values):श्रद्धा (Reverence), विनय (Humility), पवित्रता (Purity), संतोष (Contentment), मैत्री (Friendliness). , UHV expression: Affection, Reverence., SSR stage: अनर्थ-निवृत्ति (Removal of inner contradictions)., Practice / Application Themes:Big Brain Behind the Universe, Tolerance and Forgiveness, CCC+ Truthfulness, CCC++ Friendliness & Seeing Good in Others.	05
5	UNIT 5: Values in Love, Relationships, and Universal Harmony Universal Human Values expressed through love, trust, and mutual respect in relationships. Understanding harmony in family, workplace, and society through value-based interaction and emotional maturity. Expansion of concern from self to others, leading to cooperation, empathy, and social cohesion, with reference to Bhagavad Gita Chapters 13–15. Journey of Self-Discovery through Discovering the Real Eternal Love. Value focus (Ultimate Holistic / Theocentric Values):दया (Compassion), उदारता (Generosity), सहिष्णुता (Tolerance), मैत्री (Friendliness), समता (Equality).UHV expression: Love, Gratitude. SSR stage: निष्ठा (Steadiness)., Practice / Application Themes: , Our Blissful Identity – 2, Secret of Smart Work, Respect for all Religion – Advanced.	05
6	UNIT 6: Global Family Values and Vasudhaiva Kutumbakam Universal Human Values expanded to global family values, fostering harmony between individual, society, nature, and the planet. Understanding responsibility, sustainability, and ethical living as foundations of a happy and peaceful world. Integrating values into collective life for social and ecological balance, with reference to Bhagavad Gita Chapters 16–18. Journey of Self-Discovery through Discovering the Happy Planet and Discovering the Unity in Diversity. Value focus (Ultimate Holistic / Theocentric Values):सेवा (Service), करुणा (Compassion), सौहार्द (Harmony), वैश्विक-बोध (Universality), प्रज्ञा (Wisdom).UHV expression: Global family values, Co-existence.SSR stage: प्रेम (Universal love).Practice / Application Themes:As You Sow, So Shall You Reap, Health & Hygiene, Smart Card, Non-Violence – Advanced (Tolerance & Forgiveness).	05
Practical and Self Learning Content		
Drama , Visit, Literary , meeting personalities of special fields and other orientation activities based on above concepts.		

Text Books	
1	Value Education with Workbook - Reight Values Bright Future by BK Das , IIT - BHU
2	Value Education for Young Leaders by Prof(Dr.) P . Harikrishna ,NIT -Warangal
3	Discover Yourself by Radheshyam Das , M.Tech , IIT - Mumbai
Reference Books	
1	Bhagavad Gita As IT Is by ACBVS Prabhupada
2	Journey of Self Discovery - BBT Press
3	Voice your Choice by Govidn Das
4	Leadership Lessons from the Bhagavad Gita by Ace V . Simpson , Brunel University , London
ICT/MOOCs Reference	
1	www.uhv.org.in
2	https://radheshyamdass.com/newcomers/fundamentals-of-spirituality/dys-(discover-your-self)
3	https://vedabase.io/en/library/josd/
4	https://iksindia.org/

Mapping of COs, POs, and PSOs														
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PSO1	PSO2	PSO3
CO1	–	–	–	–	–	2	3	2	2	1	3	–	–	3
CO2	–	–	–	–	–	2	3	2	2	2	3	–	–	3
CO3	–	–	–	–	–	3	3	2	2	1	2	–	–	3
CO4	–	–	–	–	–	3	3	3	2	1	2	–	–	3

Bloom's Taxonomy Level				
Unit	Unit Title	Aligned COs	Learning Hours	BTL Level
1	UNIT 1: Foundations of Universal Human Values	CO1	05	U
2	UNIT 2: Intelligent Understanding and Disciplined Living	CO1, CO2	05	U, A
3	UNIT 3: Values of Lasting Solutions	CO2, CO3	05	A, N
4	UNIT 4: Inner Fulfilment and Harmony through Universal Human Values	CO2, CO4	05	A, E
5	UNIT 5: Values in Love, Relationships, and Universal Harmony	CO3, CO4	05	A, N
6	UNIT 6: Global Family Values and Vasudhaiva Kutumbakam	CO1, CO3, CO4	05	N, E

Note:

- Version 1.0.0.0 (First Digit= New syllabus/Revision in Full Syllabus, Second Digit=Revision in Teaching Scheme, Third Digit=Revision in Exam Scheme, Forth Digit= Content Revision)
- 1 Hour Lecture = 1 Credit, 1 Hour Tutorial = 1 Credit, 2 Hours Practical = 1 Credit, 2 Hours Internship/Project/Seminar = 1 Credit
- Bloom's Taxonomy Level (BTL): R: Remember, U: Understand, A: Apply, N: Analyze, E: Evaluate, and C: Create