

# UNIVERSAL HUMAN VALUE

TYPE of AWARD	EXTRA CREDIT IN MARKSHEET
TITLE	1. UNIVERSAL HUMAN VALUE (INTEGRATED PERSONALITY DEVELOPMENT COURSE-1)
SHORT CODE	UHV1IPDC1
DURATION	30 Hrs. per Semester
MINIMUM BATCH SIZE	20
COMMENCEMENT OF BATCH	Semester 1
COURSE FEE	Rs. 150/- per semester course registration fee
LOCATION	GANPAT UNIVERSITY
LECTURE TIMING	As prescribed in the Time-table
IN ASSOCIATION WITH	BAPS Swaminarayan Sanstha
RESOURCE PERSON(S) (Concise profile need to be annexed in copiable content format)	Please refer the Annexure
FINANCIAL SHARING (from <u>SURPLUS OF THE COURSE</u> )	Not Applicable

## OBJECTIVE & SCOPE

This course aims to prepare students for the modern challenges they face in their daily lives. Promoting fortitude in the face of failures, unity amongst family discord, self-discipline amidst distractions, and many more priceless lessons. This two-semester, credit-based course, focuses on moral and character development at the core of student growth, to enable students to become self-aware and sincere in their many roles - as an ambitious student, dependable employee, caring family member, and considerate citizen.

## COURSE COVERAGE

The program covers key topics of Remaking Yourself, Soft Skills, Learning from Legends, Facing Failures, From House to Home, My India My Pride and Selfless Service. Students are inspired to give up bad habits such as laziness and overuse of social media through the growth of effective habits. This module will inspire growth

# UNIVERSAL HUMAN VALUE

through time management, positive thinking, self-reliance, foresight, and an active lifestyle. Through the teachings of constructive communication, teamwork, effective planning, self-awareness, and dedication, students become fully prepared to implement their role in any collaborative network. The lives and works of legends, such as Ratan Tata and Abdul Kalam, leave an everlasting impression. Their principled, disciplined, and value-based lives, inspiring youth to strive for a higher sense of character. This module also includes a session with a panel of experts, who will answer practical questions that students face in their daily lives. Failure is a student's daily source of fear, negativity, and depression. Through the study of successful figures such as Disney, Lincoln and Bachchan, this module enables youth to persevere, self-improve, and keep faith. An enlightening revelation of the glory of India's past and current achievements, invigorates the youth to become ideal citizens while practicing a value-based life for the betterment of their life, family, college, career, and nation. The students explore the phenomenon of Seva – selfless acts of kindness, the tradition of giving, and the joy of bringing happiness to others. These concepts are brought to life through the study of awe-inspiring and heart-touching acts of humanitarian relief provided during the 2001 Gujarat earthquake. The students are taught to establish a stronger connection with their family through critical thinking and devolvement of qualities such as unity, forgiveness, empathy, and effective communication.

## LEARNING OUTCOME OF THE COURSE

- To provide students with a holistic value-based education that will enable them to be successful in their academic, professional, and social lives.
- To give the students the tools to develop effective habits, promote personal growth, and improve their wellbeing, stability, and productivity.
- To allow students to establish a stronger connection with their family through critical thinking and devolvement of qualities such as unity, forgiveness, empathy, and effective communication.
- To provide students with soft skills that complement their hard skills, making them more marketable when entering the workforce.
- To enhance awareness of India's glory and global values, and to create considerate citizens who strive for the betterment of their family, college, workforce, and nation.
- To inspire students to strive for a higher sense of character by learning from role models who have lived principled, disciplined, and value-based lives.

## CAREER OPPORTUNITIES

Participants will get a chance to lead the industries in the area of project management and to help the organization to minimize time overrun and cost overrun at the same time ensuring the quality.

## TEACHING METHOD / PEDAGOGY

The methodology throughout this course will be a blend of key theoretical concepts and practical aspects of it. The training flow will have an interactive sessions based on real-life examples.

Introductory Film	Each lecture begins with a short film that introduces the topic through a modern production. The original content displays relatable scenarios and visuals that captivate the students' attention and stimulates their curiosity to learn more.	5% of the entire lecture
Lecture	Students watch a lecture video presented by a dynamic speaker. The lecture	40%

# UNIVERSAL HUMAN VALUE

Video	reinforces the significance and necessity of fundamental principles and skills. The experience of the speaker, eloquence of presentation, and use of interactive visuals collectively create a profound impact on each student's mind and heart.	of the entire lecture
Student Interactions	Interactive sessions promote stimulating discussion and conversation, and help create safe spaces for healthy exchange of ideas. Each session provides a forum in which students are able to openly express their emotions and thoughts.	30% of the entire lecture
Workbook Activities	Workbooks assist students to begin implementing the values taught in the lecture into their personal lives. Reliable research, priceless experience, practical scenarios, and reflective questions are innovatively depicted, motivating students to contemplate and think creatively.	25% of the entire lecture

## CONTENT (UNITS)

### IPDC: 1

Unit No	Topic Name	Total No of Hours
01	Restructuring yourself	02
02	Power of habit	02
03	Learning from Legends- Tendulkar & Tata	02
04	Project management	02
05	Affectionate relationships	02
06	Forgive and Forget	02
07	Failures are not always bad	02
08	Factors affecting failures	02
09	Being addiction free	02
10	Teamwork and Harmony	02
11	Handling the devil – Social media	02

# UNIVERSAL HUMAN VALUE

12	Listening & Understanding	02
13	Basic of Financial Planning	02
14	Networking, Decision making, Leadership	02
15	Life after IPDC	02
	<b>Total Hours</b>	<b>30</b>

## ELIGIBILITY OF THE PARTICIPANTS

Ganpat University Full time Enrolled Student

## ASSESSMENT

### Teaching and Examination Scheme\*\*:

Teaching Scheme			Credits	Examination Marks				Total Marks
L	T	P	C	Theory Marks		Practical Marks		
				CE	SEE	CE	SEE	
2	0	0	2	100	00	00	00	100

L- Lectures; T- Tutorial/Teacher Guided Student Activity; P- Practical; CE-Continuous Evaluation; SEE- Semester End Examination;

*\*\* Both semesters (IPDC-1 and IPDC-2) have same teaching and examination scheme.*

**Hands on Project:** Participants will get a chance to have hands on practice through Workbook Activities.

# UNIVERSAL HUMAN VALUE

## PROFILE OF RESOURCE PERSON



**PUJYA VIVEKJIVAN SWAMI**

IPDC Lecturer

### EDUCATION

- B.Sc. Biochemistry, University of London, UK

### HIGHLIGHTS

- Initiated as a sadhu by Pramukh Swami Maharaj in 1976
- Proficient orator

### EXPERIENCE

- Lead sadhu of English Press and Publications Department in BAPS.



**PUJYA ATMATRUPT SWAMI**

IPDC Lecturer

### EDUCATION

- Ph.D. in Vachanamrut, main scripture of the Swaminarayan Sampraday
- B.E. Electronics, BVM College of Engineering, Vallabh Vidyanagar, Gujarat

### HIGHLIGHTS

- Initiated as a sadhu by Pramukh Swami Maharaj in 1992
- Senior Coordinator of the Integrated Personality Development Course (IPDC)
- Senior Adhyapak, Sant Training Centre, Sarangpur
- Principal of BAPS Swaminarayan Sanskrit Mahavidyalay, Sarangpur

### EXPERIENCE

- Renowned speaker and writer
- Member of BAPS Events Coordination Committee.



**PUJYA GNANVIJAY SWAMI**

IPDC Lecturer

### EDUCATION

- B.E. Chemical, DDU, Nadiad, Gujarat

### HIGHLIGHTS

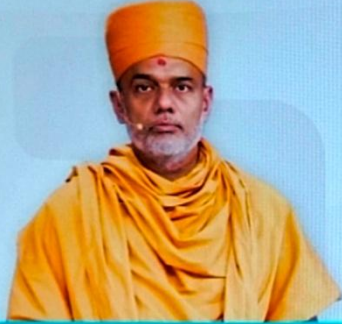
- Initiated as a sadhu by Pramukh Swami Maharaj in 2001
- Coordinator of Youth Excellence Centre, Sarangpur
- Project Leader of Integrated Personality Development Course (IPDC)

### EXPERIENCE

- Distinguished orator on various topics including world religions, youth empowerment and social responsibility
- Former Coordinator of Akshar Purushottam Chhatralaya, Vallabh Vidyanagar, Gujarat.



# UNIVERSAL HUMAN VALUE



**PUJYA GNANVATSAL SWAMI**

IPDC Lecturer

## EDUCATION

- B.E. Mechanical, BVM College of Engineering, Vallabh Vidyanagar, Gujarat

## HIGHLIGHTS

- Initiated as a sadhu by Pramukh Swami Maharaj in 1992
- Popular international speaker at corporate events and youth conferences
- Lead member of BAPS Public Relations and Outreach Department

## EXPERIENCE

- Has delivered over 15,000 talks across the globe
- Frequent speaker at IIMs, DRDO, DRDL, Reliance Industries Ltd., VCCI, National Psychiatrist Conference, LIONS Club, Rotary Club, Government Conferences, various NGOs and Institutes.



**PUJYA APURVAMUNI SWAMI**

IPDC Lecturer

## EDUCATION

- B.E. Textile, Maharaja Sayajirao University, Vadodara, Gujarat

## HIGHLIGHTS

- Initiated as a sadhu by Pramukh Swami Maharaj in 1998
- Proficient orator, master of ceremonies, writer and poet
- Renowned orator of Ramcharitmanas, Shrimad Bhagwat and Mahabharat

## EXPERIENCE

- Manages and coordinates satsang activities and community projects at BAPS Swaminarayan Mandir, Rajkot.



**PUJYA GNANNAYAN SWAMI**

IPDC Lecturer

## EDUCATION

- M.A. in Sanskrit and Swaminarayan Vedant
- B.A. in Sanskrit – Bronze Medalist
- B.E. Computer, SCET, Surat, Gujarat

## HIGHLIGHTS

- Initiated as a sadhu by Pramukh Swami Maharaj in 2008
- Notable Master of Ceremonies and proficient orator

## EXPERIENCE

- BAPS Cultural Programme & National Events Coordinator.



# UNIVERSAL HUMAN VALUE

---



PAWAN DWIVEDI

IPDC Lecturer

## EDUCATION

- Masters in Philosophy, Sardar Patel University, Anand
- Ph.D. - Saurashtra University, Rajkot

## HIGHLIGHTS

- Founder and Director of Vishvaparakash Career Mentors
- Former Registrar, Parul University
- Interacted with more than 400K students
- Imparted training to more than 5000 candidates for GPSC/CAT/GMAT/TOEFL

## EXPERIENCE

- 19 years of experience in Mentorship
- Placed over 9000 students in Industries.



KALPESH BHATT

IPDC Lecturer

## EDUCATION

- Currently Ph.D. from University of Toronto
- Masters in Theological Studies, Harvard University
- B.E Computer Science with M.Sc. Physics, BITS Pilani, Rajasthan

## HIGHLIGHTS

- Member of the core committee in the construction of Swaminarayan Akshardham, New Delhi, the world's largest Hindu temple

## EXPERIENCE

- Director and producer of Mystic India, the first ever large format giant screen(IMAX) film on India
- Managed the production of water shows in Gandhinagar and Delhi Akshardham.



JAYESH MANDANKA

IPDC Lecturer

## EDUCATION

- Diploma in Mechanical Engineering
- M. Phil in English Literature

## HIGHLIGHTS

- Eloquent public speaker
- Proficient orator, master of ceremonies, writer and poet
- Proficient writer

## EXPERIENCE

- Asst. Professor, Dept. of English, GLS' B.D.Arts College, Ahmedabad

# UNIVERSAL HUMAN VALUE

---



GAURANG MASHRUWALA

IPDC Lecturer

## EDUCATION

- Masters in Marketing Management

## HIGHLIGHTS

- Certification in Personal Finance (JBIMS) and Capital Market
- Shares his views on Personal Finance on English, Hindi and Gujarati Channels
- Proficient Writer

## EXPERIENCE

- Consulting Editor of 'Layman's Guide to Wealth Creation'
- Author of 'Yogic Wealth - The wealth that gives bliss & essential guide to carefree retirement.'