

GANPAT UNIVERSITY									
FACULTY OF AGRICULTURE, ALLIED SCIENCES & TECHNOLOGY									
Programme		B.Sc. (Hons) Agriculture				Branch/Spec.		Agriculture	
Semester		II				Version		1.0.0.0	
Effective from Academic Year			2025-26			Effective for the batch Admitted in			July 2025
Subject code		IIA08NSS		Subject Name		<b>National Service Scheme (NSS-II)-II</b>			
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture (DT)		Practical(Lab.)		Total		CE	SEE	Total
	L	TU	P	TW					
Credit	0	0	1	-	1	Theory	00	--	--
Hours	0	0	2	-	2	Practical	100	--	100
<p><b>Objectives of the course:</b> To evoke social consciousness among students through various activities viz., working together, constructive, and creative social work, to be skilful in executing democratic leadership, developing skill in programme, to be able to seek self-employment, reducing gap between educated and uneducated, increasing awareness and desire to help sections of society</p> <p>On completion of the course, the student will be able to</p> <p>CO 1: understand the meaning, types, and traits of leadership, recognizing the qualities of effective leaders.</p> <p>CO 2: recognize the importance and roles of youth leadership in society.</p> <p>CO 3: develop essential life competencies such as problem-solving, decision-making, and interpersonal communication</p> <p>CO 4: comprehend the importance of health education, including nutrition, safe drinking water, sanitation, and healthy lifestyles..</p> <p>CO5 : understand the history, philosophy, and benefits of yoga as a tool for a healthy lifestyle.</p>									
<b>Theory Syllabus</b>									
Unit	Content								Hrs
1	Importance and role of youth leadership • Meaning, types and traits of leadership, qualities of good leaders; importance and roles of youth leadership, Life competencies.								30
2	Definition and importance of life competencies, problem-solving and decision-making, interpersonal communication. Youth development programs • Development of youth programs and policy at the national level, state level and voluntary sector; youth-focused and youth-led organizations								
3	Health, hygiene and sanitation. Definition needs and scope of health education; role of food, nutrition, safe drinking water, water borne diseases and sanitation (Swachh Bharat Abhiyan) for health; national health programs and reproductive health. Youth health, lifestyle, HIV AIDS and first aid. Healthy lifestyles, HIV AIDS, drugs and substance abuse, home nursing and first aid.								
4	• Youth and yoga. History, philosophy, concept, myths, and misconceptions about yoga; yoga traditions and its impacts, yoga as a tool for healthy lifestyle, preventive and curative method.								